

**COCO**  
DI MAMA

ITALIAN TO GO

# Store Allergen Guide

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# Disclaimers

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# Disclaimers

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This guide has been developed to help you make a safe and informed choice about our food but if you have any concerns, please talk to a member of staff, click on Contact Us on our website, or email [ciao@cocodimama.co.uk](mailto:ciao@cocodimama.co.uk)

Please take some time to read the important information at the front of the guide and please tell us about your allergy before ordering. Please also remember to check this guide every time as our dish descriptions don't always mention every single ingredient and recipes do change from time to time.

## DELIVERY

For Delivery Orders, including Catering, we can't currently cater for allergies or specific dietary requirements. Please come and visit one of our kitchens in person.

This allergen guide covers the 14 allergens specified by the EU Food Information Regulations\*. It lists what allergenic ingredients are contained in each of our dishes and shows which are suitable for vegan and vegetarian diets.

We also include 'may contain' warnings from our suppliers\*\*. (This is where an allergen is not in a recipe or intentionally in a dish, but where the manufacturer of an ingredient believes that cross-contact may still be a risk). However, please bear in mind that our busy kitchens handle numerous ingredients and allergens. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that any of our dishes will be allergen free.

# Disclaimers

Please note our non-gluten pasta is always cooked separately to order. However, none of our pasta dishes are gluten free so they may not be suitable for coeliacs.

Allergens contained within our condiments & extra toppings are not included in dish information. Please check these separately as these may alter the suitability of your dish.

Our vegan dishes are made with care to a vegan recipe. However, due to cross contact at our suppliers and in our busy kitchens, these dishes are not necessarily suitable for those with allergies.

\* in accordance with the EU Food Information Regulations only cashew nuts, almonds, hazelnuts, walnuts, brazil nuts, pistachio nuts, macadamia nuts and pecan nuts are covered under the “nuts” column on our allergen guide therefore ingredients such as pine nuts (pine kernels) or chestnuts are not covered.

\*\*where a dish contains a species of cereals containing gluten or tree nuts, please note additional species may contain are not covered.

Please bear in mind that due to the seriousness of allergies and food intolerances, our teams will not be able to help select dishes. We recognise that some people want to avoid many other food ingredients and so full ingredients for some of our dishes and dish components, such as sauces, are available at the back of this guide. If you are unable to find a dish suitable for your dietary requirements, we advise you not to order. However, as you know more about your allergy than we do, we will leave it up to you if you want to proceed.

Alternatively, if you let our head office know your dietary requirements in advance of your visit they will try to help you with your dish choices. Drop us a note on [ciao@cocodimama.co.uk](mailto:ciao@cocodimama.co.uk)



# FAQs

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### **Which are the 14 allergens covered within your allergen guide?**

Celery, cereals containing gluten, crustaceans, egg, fish, lupin, milk, molluscs, mustard, peanuts, sesame, soya, sulphites and tree nuts.

### **Can you guarantee my food will be allergen free?**

No, we can't guarantee that any of the dishes on our menu will be allergen free as our kitchens are busy places where we handle numerous ingredients and allergens. In addition, some of our ingredients come from suppliers who put 'may contain' warnings on their products. This is where the manufacturer believes that traces of allergens may be present.

### **Do you pass on supplier 'May Contain' warnings?**

Yes, we do. Supplier may contain warnings are highlighted with an asterisk\*. However, please bear in mind that our busy kitchens handle numerous ingredients and allergens. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that any of our dishes will be allergen free. Please note, where a dish contains a species of cereals containing gluten or tree nuts, additional species may contain are not covered.

### **How can a dish be labelled vegan if it may contain milk, eggs, crustaceans, fish or molluscs?**

Vegan food can be prepared in factories and areas where products of animal origin may be present. This could mean that some vegan food products could unintentionally contain allergens. You can read more about this on the Food Standards Agency website <https://www.food.gov.uk/safety-hygiene/vegan-food-and-allergens>.

### **How can a dish be labelled Non Gluten if it may contain cereals containing gluten?**

Our Non Gluten dishes are recipes that do not intentionally contain gluten. Some of these recipes therefore have manufacturer's may contain warnings for gluten and there is also the risk of cross-contact in our busy kitchens. For these reasons, we do not label these dishes as gluten free so they may not be suitable for coeliacs.

### **Are you able to alter dishes to make it safe for my allergy?**

As part of our allergen policy, we are unable to make modifications to dishes to remove allergens. Sometimes the allergen is hidden in ingredients such as stocks and sauces. Please use the allergen table to choose a dish that is suitable for you. However, you are welcome to remove ingredients or add suitable ingredients to dishes that don't contain the allergen you are trying to avoid.

### **How will I know that the dish served to me is suitable for my allergy?**

Provided you make us aware of your allergy, we will take extra care preparing your dish. For non-gluten requirements, look out for the 'Non Gluten' sticker on pasta pots.

### **I'm allergic to dairy, can I use the vegan menu?**

Our vegan dishes are made with care to a vegan recipe. However, due to cross-contact at our suppliers and in our busy kitchens, these dishes are not necessarily suitable for those with allergies. Please refer to the allergen tables.

### **I have a nut allergy. Which nuts are covered in the allergen guide?**

In accordance with the EU Food Information Regulations only cashew nuts, almonds, hazelnuts, walnuts, brazil nuts, pistachio nuts, macadamia nuts and pecan nuts are covered under the "nuts" column on our allergen guide. Therefore ingredients such as pine nuts (pine kernels) or chestnuts are not covered.

### **I am Coeliac, what can I eat?**

None of our dishes are gluten free but our pastas can be made with our non gluten containing fusilli. Please use the guide to find other items that do not intentionally contain gluten.

**Is your non-gluten pasta cooked separately?**

Yes, our non-gluten containing fusilli is cooked separately to order.

**Which cheeses are pasteurised?**

Please check the back of this allergen guide for a list of pasteurised cheeses'.



# Allergens

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# Information about Allergen Guides

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This allergen guide covers the 14 allergens specified by the EU Food Information Regulations. It lists what allergenic ingredients are contained in each of our dishes and shows which are suitable for vegan and vegetarian diets. We also include 'may contain' warnings from our suppliers.

\* a black asterisk means that the dish 'may contain' the specified allergen. (This is where an allergen is not in a recipe or intentionally in a dish, but where the manufacturer of an ingredient believes that cross-contact may still be a risk). However, please bear in mind that our busy kitchens handle numerous ingredients and allergens. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that any of our dishes will be allergen free.

Where a dish contains a species of cereals containing gluten or tree nuts, please note additional species may contains are not covered.

# Breakfast Egg Boxes and Breakfast Extras

| PRODUCT NAME                          | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|---------------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Sausage & Bacon Egg Hot Box           |        | Yes: Wheat                |             | Yes |      |       |      |          |         |         |        |      |           |           |       |            |          |
| Salmon & Avo Egg Box                  |        |                           |             | Yes | Yes  |       |      |          |         |         | Yes    | Yes  |           |           |       |            |          |
| Pesto, Mushroom & Avo Egg Hot Box (V) |        |                           |             | Yes |      |       |      |          |         |         |        |      |           |           |       | Yes        |          |
| Add 2 pesto eggs                      |        |                           |             | Yes |      |       |      |          |         |         |        |      |           |           |       | Yes        |          |
| Add 2 plain eggs                      |        |                           |             | Yes |      |       |      |          |         |         |        |      |           |           |       | Yes        |          |
| Add 1 pesto egg                       |        |                           |             | Yes |      |       |      |          |         |         |        |      |           |           |       | Yes        |          |
| Add 1 plain egg                       |        |                           |             | Yes |      |       |      |          |         |         |        |      |           |           |       | Yes        |          |
| Extra Honey seeds                     |        |                           |             |     |      |       |      |          |         | *       | *      | *    |           | *         |       | Yes        |          |

## ALLERGEN GUIDE

# Breakfast Extras



| PRODUCT NAME       | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|--------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Ketchup Pot        | Yes    |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add brown sauce    |        | Yes:<br>Barley,<br>Rye    |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add Ketchup        | Yes    |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Extra Strawberries |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add spinach        |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add 2 sausages     |        | Yes:<br>Wheat             |             |     |      |       |      |          |         |         |        |      |           |           |       |            |          |
| Add Honey          |        |                           |             |     |      |       |      |          |         |         |        |      |           |           |       | Yes        |          |
| Add Cinnamon       |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |

## ALLERGEN GUIDE

# Breakfast Extras



| PRODUCT NAME                   | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|--------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Add Butter                     |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Calabrese Chilli Honey Pot (V) |        | *                         |             |     | *    |       | *    |          |         |         |        |      |           | *         |       | Yes        |          |
| Brown sauce Pot                |        | Yes:<br>Barley,<br>Rye    |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add sugo                       |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add Gran Formaggio cheese      |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Extra Peanut Butter            |        |                           |             |     |      |       |      |          |         | Yes     |        |      |           | *         | Yes   | Yes        |          |
| Add mushrooms (VE)             |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Calabrese Ketchup Pot (VE)     | Yes    | *                         |             |     | *    |       | *    |          |         |         |        |      |           | *         | Yes   | Yes        |          |

# Breakfast Extras

| PRODUCT NAME               | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|----------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Add Calabrese Ketchup (Ve) | Yes    | *                         |             |     | *    |       | *    |          |         |         |        |      |           | *         | Yes   | Yes        |          |
| Add 1 sausage              |        | Yes:<br>Wheat             |             |     |      |       |      |          |         |         |        |      |           |           |       |            |          |
| Add bacon                  |        |                           |             |     |      |       |      |          |         |         |        |      |           |           |       |            |          |
| Add avocado                |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add salmon                 |        |                           |             |     | Yes  |       |      |          |         |         |        |      |           |           |       |            |          |
| Extra Bacon                |        |                           |             |     |      |       |      |          |         |         |        |      |           |           |       |            |          |
| Extra Sausage              |        | Yes:<br>Wheat             |             |     |      |       |      |          |         |         |        |      |           |           |       |            |          |
| Extra Avocado              |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |



## ALLERGEN GUIDE



# Breakfast Extras, Breakfast Rolls & Fruit

| PRODUCT NAME                         | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|--------------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Extra Banana                         |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Extra Coconut Flakes                 |        | *                         |             |     |      |       |      |          |         | *       | *      | *    | *         | *         | Yes   | Yes        |          |
| Add Blueberries                      |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Coco Hashbrowns (Ve)                 |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add Calabrese Chilli Honey (V)       |        | *                         |             |     | *    |       | *    |          |         |         |        |      |           | *         |       | Yes        |          |
| Pesto, Mushroom & Avo Egg Puccia (V) | *      | Yes: Wheat                |             | Yes | *    |       | Yes  |          | *       |         |        | *    |           | *         |       | Yes        |          |
| Coco's Breakfast Puccia              | *      | Yes: Wheat                |             | Yes | *    |       | Yes  |          | *       |         |        | *    |           | *         |       |            |          |
| Berry Fruit Pot                      |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |

# Hot Breakfast Baguettes

| PRODUCT NAME                            | CELERY | CEREALS CONTAINING GLUTEN              | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|---|--------|--|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Crispy Bacon on white                   |        | Yes:<br>Barley,<br>Rye,<br>Wheat       |             | *   |      |       | *    |          |         |         | *      | *    |           | *         |       |            |          |
| Crispy Bacon & Sausage on white         |        | Yes:<br>Barley,<br>Rye,<br>Wheat       |             | *   |      |       | *    |          |         |         | *      | *    |           | *         |       |            |          |
| Vegan Bacon on white                    |        | Yes:<br>Barley,<br>Rye,<br>Wheat       |             | *   |      |       | *    |          |         |         | *      | Yes  |           | *         | Yes   | Yes        |          |
| Pork and Sage Sausage on white          |        | Yes:<br>Barley,<br>Rye,<br>Wheat       |             | *   |      |       | *    |          |         |         | *      | *    |           | *         |       |            |          |
| Bacon & Sausage on Multigrain Sourdough |        | Yes:<br>Barley,<br>Oats, Rye,<br>Wheat |             | *   |      |       | *    |          |         |         | Yes    | *    |           | *         |       |            |          |
| Crispy Bacon on Multigrain Sourdough    |        | Yes:<br>Barley,<br>Oats, Rye,<br>Wheat |             | *   |      |       | *    |          |         |         | Yes    | *    |           | *         |       |            |          |

# Hot Breakfast Baguettes, Pastries & Porridge

| PRODUCT NAME                                | CELERY | CEREALS CONTAINING GLUTEN     | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|---|--------|-------------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Pork & Sage Sausage on Multigrain Sourdough |        | Yes: Barley, Oats, Rye, Wheat |             | *   |      |       | *    |          |         |         | Yes    | *    |           | *            |       |            |          |
| Vegan Bacon on Multigrain Sourdough         |        | Yes: Barley, Oats, Rye, Wheat |             | *   |      |       | *    |          |         |         | Yes    | Yes  |           | *            |       | Yes        |          |
| Almond Croissant                            |        | Yes: Wheat                    |             | *   |      |       | *    |          |         |         | *      | *    |           | Yes: Almonds |       | Yes        |          |
| Butter Croissant                            |        | Yes: Wheat                    |             | Yes |      |       | Yes  |          |         |         |        | *    |           | *            |       | Yes        |          |
| Pan Aux Raisins                             |        | Yes: Wheat                    |             | Yes |      |       | Yes  |          |         |         |        | *    |           | *            |       | Yes        |          |
| Raspberry Croissant (VE)                    |        | Yes: Spelt, Wheat             |             | *   |      |       | *    |          |         |         | *      | *    |           | *            | Yes   | Yes        |          |
| Pan Au Chocolat                             |        | Yes: Wheat                    |             | Yes |      |       | Yes  |          |         |         | *      | Yes  |           | *            |       | Yes        |          |
| Superfood Peanut Porridge 12oz              | *      | Yes: Oats                     |             |     |      |       | Yes  |          | *       | Yes     | *      | *    | *         | *            |       | Yes        |          |
| Superfood Peanut Porridge 16oz              | *      | Yes: Oats                     |             |     |      |       | Yes  |          | *       | Yes     | *      | *    | *         | *            |       | Yes        |          |

# Porridge, Overnight Oats & Yoghurts

|                                       | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|---------------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| PRODUCT NAME                          |        |                           |             |     |      |       |      |          |         |         |        |      |           |              |       |            |          |
| Naked Porridge                        |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Coco's Classic Oat Milk GF Porridge   |        | Yes: Oats                 |             |     |      |       |      |          |         |         |        |      |           |              |       | Yes        |          |
| Superfood Peanut Oat GF Porridge 16oz | *      | Yes: Oats                 |             |     |      |       |      |          | *       | Yes     | *      | *    | *         | *            | Yes   | Yes        |          |
| Superfood Peanut Oat GF Porridge 12oz | *      | Yes: Oats                 |             |     |      |       |      |          | *       | Yes     | *      | *    | *         | *            | Yes   | Yes        |          |
| Naked Oat GF Porridge                 |        | Yes: Oats                 |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Coco's Classic Porridge               |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Compote Yoghurt                       |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        |      |           | Yes: Almonds |       | Yes        |          |
| Tiramisu Overnight Oats (VE)          |        | Yes: Oats                 |             |     |      |       | *    |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Banana, Honey & Granola Yoghurt       |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        |      |           | Yes: Almonds |       | Yes        |          |

## ALLERGEN GUIDE

# Yoghurts & Extra Sauce



| PRODUCT NAME                      | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|-----------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Big Boy Bircher                   | *      | Yes: Oats                 |             |     |      |       | Yes  |          | *       |         | *      | *    | *         | Yes: Almonds |       | Yes        |          |
| Extra House Sugo di Pomodoro (VE) |        |                           |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Extra Spicy Pollo                 | *      | *                         | *           | *   | *    |       | Yes  |          | *       |         | *      | *    | Yes       |              |       |            |          |
| 12hr Beef Ragu - Extra            | Yes    | *                         | *           | *   | *    |       | *    |          | *       |         | *      | *    | Yes       |              |       |            |          |
| Extra Vegan Lentil Ragu           |        |                           |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Extra Carbonara                   |        |                           |             |     |      |       | Yes  |          |         |         |        |      | Yes       |              |       |            |          |
| Extra Pesto Genovese (VE)         |        |                           |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Add Pesto (VE)                    |        |                           |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |

# Extras, Hot List, Lasagne & Pasta

| PRODUCT NAME                  | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|-------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Add torn Mozzarella (V)       |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Pancetta e Pesto Mac & Cheese |        | Yes: Wheat                |             |     |      |       | Yes  |          | *       |         |        | *    |           |           |       |            |          |
| Pulled Beef Mac & Cheese      | Yes    | Yes: Wheat                | *           | *   | *    |       | Yes  |          | *       |         | *      | *    | Yes       |           |       |            |          |
| Nduja Mac & Cheese            |        | Yes: Wheat                |             |     | *    |       | Yes  |          | *       |         |        | *    |           | *         |       |            |          |
| Cacio e Pepe Gnocchi (V)      |        | Yes: Wheat                |             |     |      |       | Yes  |          |         |         |        | *    |           |           |       | Yes        |          |
| Slow cooked 3-Beef Lasagne    | Yes    | Yes: Wheat                |             |     |      |       | Yes  |          |         |         |        | *    | Yes       |           |       |            |          |
| Extra Classic Bolognese       | Yes    |                           |             |     |      |       |      |          |         |         |        |      | Yes       |           |       |            |          |
| Classic Bolognese             | Yes    |                           |             |     |      |       |      |          |         |         |        |      | Yes       |           |       |            |          |



## ALLERGEN GUIDE



# Pasta & Pasta Toppings

| PRODUCT NAME                  | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|-------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| NEW Pesto Genovese (VE)       |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Pork and Nduja Sauce          | Yes    | *                         | *           | *   | *    |       | *    |          | *       |         | *      | *    | Yes       |           |       |            |          |
| Meatballs al Sugo             |        |                           |             |     |      |       |      |          |         |         |        |      |           |           |       |            |          |
| Pancetta Gorgonzola Carbonara | *      | *                         | *           | *   | *    |       | Yes  |          | *       |         | *      | *    | *         |           |       |            |          |
| Spicy Pollo                   | *      | *                         | *           | *   | *    |       | Yes  |          | *       |         | *      | *    | Yes       |           |       |            |          |
| Sugo Caprese (V)              |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Extra Meatballs               |        |                           |             |     |      |       |      |          |         |         |        |      |           |           |       |            |          |
| Add Truffle Oil               |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add Chilli Flakes             |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |



# Pasta Toppings & Types, Pinsas

| PRODUCT NAME                              | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|---|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Add Roquito Pepper Slices                 |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Add Basil                                 |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Gluten Free                               |        |                           |             | *   |      |       |      |          |         |         |        | *    |           |           | Yes   | Yes        |          |
| Frozen Rigatoni                           |        | Yes: Wheat                |             | *   |      |       |      |          | *       |         |        | *    |           |           | Yes   | Yes        |          |
| Frozen Wholewheat                         |        | Yes: Wheat                |             | *   |      |       |      |          |         |         |        | *    |           |           | Yes   | Yes        |          |
| Superstraccia, Roquito & Olive Pinsa (VE) |        | Yes: Wheat                |             | *   |      |       | *    |          | *       |         | *      | Yes  |           |           |       | Yes        |          |
| Pesto & Sundried Tomato Pinsa (V)         |        | Yes: Wheat                |             | *   |      |       | Yes  |          | *       |         | *      | *    |           |           |       | Yes        |          |
| Fiery Nduja, Salami & Chilli Honey Pinsa  |        | Yes: Wheat                |             | *   | *    |       | Yes  |          | *       |         | *      | *    |           | *         |       |            |          |

# Pinsas, Salad Dressings, Salads

| PRODUCT NAME                             | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Cotto Ham, Mushroom & Mascarpone Pinsa   |        | Yes: Wheat                |             | *   |      |       | Yes  |          | *       |         | *      | *    |           |           |       |            |          |
| Balsamic & Olive Oil Dressing            |        |                           |             |     |      |       |      |          |         |         |        |      | Yes       |           | Yes   | Yes        |          |
| Pesto Yoghurt Dressing                   |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Coco's Italian Dressing                  | *      | *                         | *           | *   | *    |       | *    |          | Yes     |         | *      | *    | Yes       |           |       | Yes        |          |
| Caesar Dressing Pot                      |        |                           |             | Yes | Yes  |       | Yes  |          |         |         | *      |      |           |           |       |            |          |
| Antipasti Balance Bowl (VE)              |        | Yes: Wheat                |             |     |      |       |      |          | *       |         |        | *    |           |           | Yes   | Yes        |          |
| Super Salmon Balance Bowl                | *      |                           |             | Yes | Yes  |       |      |          | Yes     | *       | *      |      | Yes       | *         |       |            |          |
| Creamy Chicken & Butter Bean Pesto Salad |        |                           |             |     |      |       | Yes  |          |         |         |        |      | Yes       |           |       |            |          |

# Salads and Sandwiches

| PRODUCT NAME                                      | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|---|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Pesto Pollo Pasta Fit Bowl                        | *      | Yes: Wheat                |             | *   |      |       | Yes  |          | *       |         |        | *    |           |           |       |            |          |
| Steak Tagliata Salad                              | *      | Yes: Wheat                |             | *   | *    |       | Yes  | *        | *       |         | *      | Yes  | Yes       | *         |       |            |          |
| Kale, Caesar Salad                                | *      | Yes: Wheat                |             | Yes | Yes  |       | Yes  |          | *       |         | *      | Yes  |           | *         |       |            |          |
| Pulled Lemon Chicken Balance Bowl                 | *      | Yes: Oats                 | *           | *   | *    |       | *    |          | Yes     |         | *      | *    | Yes       |           |       |            |          |
| Spicy Milanese & Mozzarella on Sourdough Baguette |        | Yes: Barley, Rye, Wheat   |             | Yes |      |       | Yes  |          |         |         | *      | *    |           | *         |       |            |          |
| Sicilian Signature Ciabatta (VE)                  |        | Yes: Wheat                |             |     |      |       | *    |          |         |         | *      | Yes  |           | *         | Yes   | Yes        |          |
| Chicken Caesar & Bacon Baguette                   |        | Yes: Barley, Rye, Wheat   |             | Yes | Yes  |       | Yes  |          |         |         | *      | *    |           | *         |       |            |          |

# Sandwiches

| PRODUCT NAME   | CELERY | CEREALS CONTAINING GLUTEN     | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|-------------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Prosciutto & Mozzarella on Sourdough Multigrain Baguette |        | Yes: Barley, Oats, Rye, Wheat |             | Yes |      |       | Yes  |          |         |         | Yes    | *    |           | *         |       |            |          |
| Caprese on Multigrain Sourdough Baguette                 |        | Yes: Barley, Oats, Rye, Wheat |             | Yes |      |       | Yes  |          |         |         | Yes    | *    |           | *         |       | Yes        |          |
| Mighty Muffaletta Signature Ciabatta                     |        | Yes: Wheat                    |             |     |      |       | Yes  |          |         |         | *      | *    |           | *         |       |            |          |
| Hot Meatball Ciabatta                                    |        | Yes: Wheat                    |             |     |      |       | Yes  |          |         |         | *      | *    |           | *         |       |            |          |
| Salmon, Avocado & Pesto Seeded Roll                      |        | Yes: Wheat                    |             |     | Yes  |       | Yes  |          |         |         | *      | *    |           | *         |       |            |          |
| Chicken Pesto Seeded Roll                                |        | Yes: Wheat                    |             |     |      |       | Yes  |          |         |         | *      | *    |           | *         |       |            |          |
| Steak Tagliata Signature Ciabatta                        | *      | Yes: Wheat                    |             | *   | *    |       | Yes  | *        | *       |         | *      | *    | Yes       | *         |       |            |          |



## ALLERGEN GUIDE

# Sauces



| PRODUCT NAME                         | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|--------------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Extra Hot Smoked Salmon              |        |                           |             |     | Yes  |       |      |          |         |         |        |      |           |           |       |            |          |
| 12 hr Beef Ragu                      | Yes    | *                         | *           | *   | *    |       | *    |          | *       |         | *      | *    | Yes       |           |       |            |          |
| House Sugo di Pomodoro (VE)          |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Portobello, Porcini & Mascarpone     |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       |            | Yes      |
| Extra Slow-Cooked Ultimate Bolognese | Yes    |                           |             |     |      |       |      |          |         |         |        |      | Yes       |           |       |            |          |
| Vegan Lentil Ragu                    |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Ham Hock Carbonara                   |        |                           |             |     |      |       | Yes  |          |         |         |        |      | Yes       |           |       |            |          |
| Slow-Cooked Ultimate Bolognese -     | Yes    |                           |             |     |      |       |      |          |         |         |        |      | Yes       |           |       |            |          |

# Sides, Soups & Cakes/Bakes

| PRODUCT NAME                        | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS   | VEGAN | VEGETARIAN | COMMENTS |
|-------------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-------------|-------|------------|----------|
| Three Cheese Mac & Cheese Bites (V) |        | Yes: Wheat                |             |     |      |       | Yes  |          | *       |         |        | *    |           |             |       | Yes        |          |
| Lasagne Soup                        | Yes    | Yes: Wheat                |             |     |      |       | Yes  |          |         |         |        |      |           |             |       |            |          |
| Surprisingly Super Flapjack         |        | Yes: Oats                 |             | *   |      |       | *    |          |         |         |        | Yes  |           | Yes: Pecans | Yes   | Yes        |          |
| Biscoff Bombo Trio                  |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         |         |        | Yes  |           | *           |       | Yes        |          |
| Tiramisu (V)                        |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         |         |        | *    |           | *           |       | Yes        |          |
| White Choc Bombo Trio               |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         |         |        | Yes  |           | *           |       | Yes        |          |
| Mini Biscoff Bomboloni              |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         |         |        | Yes  |           | *           |       | Yes        |          |
| White Chocolate Bomboloni           |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         |         |        | Yes  |           | *           |       | Yes        |          |

# Cakes/Bakes, Confectionary & Extras/Fruit

| PRODUCT NAME                                       | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Sticky Toffee Biscoff Slice (VE)                   |        | Yes: Wheat                |             | *   |      |       | *    |          |         | *       | *      | Yes  | *         | *         | Yes   | Yes        |          |
| Blueberry Cream Muffin (V)                         |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         |         |        | *    | *         |           |       | Yes        |          |
| Vegan Chocolate Banana Bread                       |        | Yes: Wheat                |             | *   |      |       | *    |          |         | *       | *      | Yes  | *         | *         | Yes   | Yes        |          |
| Espresso Caramel Brownie (V)                       |        | *                         |             | Yes |      |       | Yes  |          |         | *       | *      | Yes  | *         | *         |       | Yes        |          |
| Tony's Chocolonely Milk Chocolate Caramel Sea Salt |        | *                         |             | *   |      |       | Yes  |          |         | *       |        | Yes  |           | *         |       | Yes        |          |
| Tony's Chocolonely Milk Chocolate                  |        | *                         |             | *   |      |       | Yes  |          |         | *       |        | Yes  |           | *         |       | Yes        |          |
| Garlic Butter Dip (VE)                             |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Fresh Fruit - Orange                               |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |



# Sides & Snacks

| PRODUCT NAME                            | CELERY | CEREALS CONTAINING GLUTEN            | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|---|--------|--------------------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Garlic Mayo (VE)                        |        |                                      |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Cheesy Garlic Bread (V)                 |        | Yes: Wheat                           |             | *   |      |       | Yes  |          |         |         | *      | *    |           | *            |       | Yes        |          |
| Rosemary Garlic Bread (VE)              |        | Yes: Wheat                           |             | *   |      |       | *    |          |         |         | *      | *    |           | *            | Yes   | Yes        |          |
| Pipers Crisps - Salt & Vinegar          |        |                                      |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Crosta & Mollica Tarralini - Multigrain |        | Yes: Barley, Oats, Rye, Spelt, Wheat |             |     |      |       |      |          |         |         | Yes    | Yes  |           |              | Yes   | Yes        |          |
| Pipers Seasalt Crisps                   |        |                                      |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Forest Feast Salted Choc Almonds (VE)   |        | *                                    |             |     |      |       | *    |          |         | *       | *      | Yes  |           | Yes: Almonds | Yes   | Yes        |          |

## ALLERGEN GUIDE

# Snacks



| PRODUCT NAME                               | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Propercorn - Sweet & Salty                 |        |                           |             |     |      |       | *    |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Pipers Chorizo Crisps                      |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       |            |          |
| Pipers Cheddar and Onion Crisps            |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Fennel Tarralini                           |        | Yes: Wheat                |             |     |      |       |      |          |         |         | *      | *    |           |              | Yes   | Yes        |          |
| Forest Feast Salted Dark Choc Cashews (VE) |        |                           |             |     |      |       | *    |          |         | *       | *      | Yes  |           | Yes: Cashews | Yes   | Yes        |          |
| Pip & Nut Peanut Butter Cup                |        |                           |             |     |      |       | Yes  |          |         | Yes     |        | Yes  |           | *            |       | Yes        |          |
| HIP - salted pretzel                       |        | Yes: Barley, Oats, Wheat  |             | *   |      |       | *    |          |         | *       | *      | *    |           | *            | Yes   | Yes        |          |

# Snacks, Sweet Stuff, Hot List & Lasagne

| PRODUCT NAME                              | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS                      | VEGAN | VEGETARIAN | COMMENTS |
|---|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------------------------|-------|------------|----------|
| HIP - plain choc                          |        | Yes: Oats                 |             |     |      |       | *    |          |         | *       |        | *    |           | *                              | Yes   | Yes        |          |
| Gianduiotti chocolate                     |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Hazelnuts                 |       | Yes        |          |
| Forest Feast Choco Corn (VE)              |        | *                         |             |     |      |       | *    |          | *       | *       | *      | *    | *         | Yes: Almonds                   | Yes   | Yes        |          |
| Dark Choc Chunk Cookie (V)                |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         |         |        | Yes  |           | *                              |       | Yes        |          |
| Lemon & Pistachio Mini Cake Cake (V) (GF) |        | *                         |             | Yes |      |       | Yes  |          |         | *       | *      | *    | *         | Yes: Almonds<br>Pistachio Nuts |       | Yes        |          |
| Spinach & Ricotta Cannelloni (V)          |        | Yes: Wheat                |             |     |      |       | Yes  |          | *       |         |        | *    |           |                                |       | Yes        |          |
| Spicy Pollo Lasagne                       | *      | Yes: Wheat                | *           | *   | *    |       | Yes  |          | *       |         | *      | *    | Yes       |                                |       |            |          |

## ALLERGEN GUIDE

# Platters



| PRODUCT NAME                        | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS                    | VEGAN | VEGETARIAN | COMMENTS |
|-------------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|------------------------------|-------|------------|----------|
| Sweet Treats Platter (V)            |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         | *       | *      | Yes  | *         | Yes: Almonds, Pistachio Nuts |       | Yes        |          |
| Vegan Pastry & Yoghurt Platter (VE) |        | Yes: Oats, Spelt, Wheat   |             | *   |      |       | *    |          |         | *       | *      | Yes  | *         | *                            | Yes   | Yes        |          |
| Three Beef Lasagne Platter          | Yes    | Yes: Wheat                |             |     |      |       | Yes  |          |         |         |        | *    | Yes       |                              |       |            |          |
| Pesto Pollo Pasta Platter           | *      | Yes: Wheat                |             | *   |      |       | Yes  |          | *       |         |        | *    |           |                              |       |            |          |
| Garlic Bread Platter                |        | Yes: Wheat                |             | *   |      |       | Yes  |          |         |         | *      | *    |           | *                            |       | Yes        |          |
| Vegan Bacon Baguette Platter (VE)   |        | Yes: Barley, Rye, Wheat   |             | *   |      |       | *    |          |         |         | *      | Yes  |           | *                            | Yes   | Yes        |          |
| Overnight Oats Platter (VE)         |        | Yes: Oats                 |             |     |      |       | Yes  |          |         | *       | *      | *    | *         | Yes: Almonds                 |       | Yes        |          |



## ALLERGEN GUIDE

# Platters



| PRODUCT NAME                               | CELERY | CEREALS CONTAINING GLUTEN     | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|-------------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Three Cheese Mac & Cheese Bite Platter (V) |        | Yes: Wheat                    |             |     | *    |       | Yes  |          | *       |         |        | *    |           | *         |       | Yes        |          |
| Ultimate Veggie Sandwich Platter           |        | Yes: Barley, Oats, Rye, Wheat |             | Yes |      |       | Yes  |          |         |         | Yes    | Yes  |           | *         |       | Yes        |          |
| Coco's Signature Sandwich Platter          | *      | Yes: Wheat                    |             | *   | Yes  |       | Yes  | *        | *       |         | *      | Yes  | Yes       | *         |       |            |          |
| Pulled Beef Mac & Cheese Platter           | Yes    | Yes: Wheat                    | *           | *   | *    |       | Yes  |          | *       |         | *      | *    | Yes       |           |       |            |          |
| Ultimate Sandwich Platter                  |        | Yes: Barley, Oats, Rye, Wheat |             | Yes |      |       | Yes  |          |         |         | Yes    | Yes  |           | *         |       |            |          |
| Pesto Butter Bean Platter (V)              | *      |                               |             |     |      |       | Yes  |          | *       |         |        |      | Yes       |           |       | Yes        |          |
| Spicy Pollo Lasagne Platter                | *      | Yes: Wheat                    | *           | *   | *    |       | Yes  |          | *       |         | *      | *    | Yes       |           |       |            |          |

## ALLERGEN GUIDE

# Platters

| PRODUCT NAME                            | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|---|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Super Salmon Balance Platter            | *      |                           |             | Yes | Yes  |       |      |          | Yes     | *       | *      |      | Yes       | *            |       |            |          |
| Pastry Platter (V)                      |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         |         | *      | Yes  |           | Yes: Almonds |       | Yes        |          |
| Sicilian Ciabatta Sandwich Platter (VE) |        | Yes: Wheat                |             |     |      |       | *    |          |         |         | *      | Yes  |           | *            | Yes   | Yes        |          |
| PLATTER - Cacio e Pepe Gnocchi (V)      |        | Yes: Wheat                |             |     |      |       | Yes  |          |         |         |        | *    |           |              |       | Yes        |          |
| Bacon Baguette Platter                  |        | Yes: Barley, Rye, Wheat   |             | *   |      |       | Yes  |          |         |         | *      | *    |           | *            |       |            |          |
| Sausage Baguette Platter                |        | Yes: Barley, Rye, Wheat   |             | *   |      |       | Yes  |          |         |         | *      | *    |           | *            |       |            |          |
| Antipasti Balance Platter (VE)          |        | Yes: Wheat                |             |     |      |       |      |          | *       |         |        | *    |           |              | Yes   | Yes        |          |

# Platters

| PRODUCT NAME                     | CELERY | CEREALS CONTAINING GLUTEN     | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|----------------------------------|--------|-------------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Bacon & Sausage Baguette Platter |        | Yes: Barley, Rye, Wheat       |             | *   |      |       | Yes  |          |         |         | *      | *    |           | *            |       |            |          |
| Classic Baguette Platter         |        | Yes: Barley, Oats, Rye, Wheat |             | Yes | Yes  |       | Yes  |          |         |         | Yes    | *    |           | *            |       |            |          |
| Side Salad Platter (V)           |        |                               |             |     |      |       | Yes  |          |         |         |        |      | Yes       |              |       | Yes        |          |
| Focaccia Bag (VE)                |        | Yes: Wheat                    |             |     |      |       |      |          | *       |         |        | Yes  |           | *            | Yes   | Yes        |          |
| Mega Bomboloni Party             |        | Yes: Wheat                    |             | Yes |      |       | Yes  |          |         |         |        | Yes  |           | *            |       | Yes        |          |
| Yoghurt Platter (V)              |        | Yes: Oats                     |             |     |      |       | Yes  |          |         |         |        |      |           | Yes: Almonds |       | Yes        |          |
| Kale Caesar! Salad Platter       | *      | Yes: Wheat                    |             | Yes | Yes  |       | Yes  |          | *       |         | *      | Yes  |           | *            |       |            |          |

# Platters, Sweet Stuff & Sides

| PRODUCT NAME                                    | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS   |
|---|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|--|
| Coco Crisps Box (V)                             |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        | For allergen information, please see individual packs. |
| Coco Snack Box (V)                              |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        | For allergen information, please see individual packs. |
| Hot Breakfast Vegan Bacon Baguette Platter (VE) |        | Yes: Barley, Rye, Wheat   |             | *   |      |       | *    |          |         |         | *      | Yes  |           | *         | Yes   | Yes        |  |
| Fruit Platter (VE)                              | *      |                           |             |     |      |       |      |          | *       |         |        |      | *         |           | Yes   | Yes        |  |
| Pumpkin Mac & Cheese Bites (V)                  |        | Yes: Wheat                |             |     |      |       | Yes  |          | Yes     |         |        |      |           |           |       | Yes        |  |
| Crackin' Cookie Platter (V)                     |        | Yes: Wheat                |             | Yes |      |       | Yes  |          |         |         |        | Yes  |           | *         |       | Yes        |  |

# Children's, Coffee & Teas

| PRODUCT NAME                                    | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS           | VEGAN | VEGETARIAN | COMMENTS |
|---|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|---------------------|-------|------------|----------|
| Kids Pesto (sauce only)                         |        |                           |             |     |      |       |      |          |         |         |        |      |           |                     | Yes   | Yes        |          |
| Kids Lentil Ragu (sauce only)                   |        |                           |             |     |      |       |      |          |         |         |        |      |           |                     | Yes   | Yes        |          |
| Kids Plain Pasta (pasta only)                   |        | Yes: Wheat                |             | *   |      |       |      |          | *       |         |        | *    |           |                     | Yes   | Yes        |          |
| Kids Bolognese (sauce only)                     | Yes    |                           |             |     |      |       |      |          |         |         |        |      | Yes       |                     |       |            |          |
| Kids Gluten Free (pasta only)                   |        |                           |             | *   |      |       |      |          |         |         |        | *    |           |                     | Yes   | Yes        |          |
| Kids Wholewheat (pasta only)                    |        | Yes: Wheat                |             | *   |      |       |      |          |         |         |        | *    |           |                     | Yes   | Yes        |          |
| Pistachio & Chocolate Iced Latte - skimmed milk |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts |       | Yes        |          |
| Hazelnut Iced Mocha - oat milk                  |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                   |       | Yes        |          |

## ALLERGEN GUIDE

# Coffee & Teas



| PRODUCT NAME                                   | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS                    | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|------------------------------|-------|------------|----------|
| Pistachio & Chocolate Iced Latte - almond milk |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Almonds, Pistachio Nuts |       | Yes        |          |
| Hazelnut Iced Mocha - coconut milk             |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                            |       | Yes        |          |
| Hazelnut Iced Mocha - skimmed milk             |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                            |       | Yes        |          |
| Hazelnut Iced Mocha - soya milk                |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                            |       | Yes        |          |
| Hazelnut Iced Mocha - almond milk              |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Almonds                 |       | Yes        |          |
| Hazelnut Iced Mocha - Whole Milk               |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                            |       | Yes        |          |
| Pistachio & Chocolate Iced Latte - Whole Milk  |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts          |       | Yes        |          |

# Coffee, Teas & Iced Drinks

| PRODUCT NAME                                    | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS                    | VEGAN | VEGETARIAN | COMMENTS |
|---|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|------------------------------|-------|------------|----------|
| Pistachio & Chocolate Iced Latte - oat milk     |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts          |       | Yes        |          |
| Pistachio & Chocolate Iced Latte - soya milk    |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts          |       | Yes        |          |
| Pistachio & Chocolate Iced Latte - coconut milk |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts          |       | Yes        |          |
| Pistachio Iced Latte - coconut milk             |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts          |       | Yes        |          |
| White Choc & Hazelnut Iced Latte - coconut milk |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                            |       | Yes        |          |
| White Chocolate & Hazelnut Latte                |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                            |       | Yes        |          |
| Pistachio Iced Latte - soya milk                |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts          |       | Yes        |          |
| Pistachio Iced Latte - almond milk              |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Almonds, Pistachio Nuts |       | Yes        |          |

# Coffee, Teas & Iced Drinks

| PRODUCT NAME                                   | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS           | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|---------------------|-------|------------|----------|
| Pistachio Iced Latte - skimmed milk            |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts |       | Yes        |          |
| Pistachio Iced Latte - oat milk                |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts |       | Yes        |          |
| Pistachio Iced Latte - oat milk                |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts |       | Yes        |          |
| White Choc & Hazelnut Iced Latte - oat milk    |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                   |       | Yes        |          |
| White Choc & Hazelnut Iced Latte - soya milk   |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                   |       | Yes        |          |
| White Choc & Hazelnut Iced Latte - almond milk |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Almonds        |       | Yes        |          |
| Iced Latte Coconut Milk                        |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |                     | Yes   | Yes        |          |



# Coffee & Teas – Hot Drinks

| PRODUCT NAME            | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|-------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Iced Latte Whole Milk   |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Iced Latte Oat Milk     |        | Yes: Oats                 |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Piccolo Soya Milk       |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |           | Yes   | Yes        |          |
| Mocha Soya Milk         |        |                           |             |     |      |       | *    |          |         |         |        | Yes  |           |           |       | Yes        |          |
| Latte Coconut Milk      |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |           | Yes   | Yes        |          |
| Flat White Coconut Milk |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |           | Yes   | Yes        |          |
| Mocha Coconut Milk      |        |                           |             |     |      |       | *    |          |         |         |        | Yes  |           |           |       | Yes        |          |
| Cortado Coconut Milk    |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |           | Yes   | Yes        |          |

# Coffee & Teas – Hot Drinks

| PRODUCT NAME                  | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|-------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Double Macchiato Coconut Milk |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |           | Yes   | Yes        |          |
| Hot Chocolate Oat Milk        |        | Yes: Oats                 |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Latte Skimmed Milk            |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Mocha Skimmed Milk            |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Cappuccino Skimmed Milk       |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Hot Chocolate Skimmed Milk    |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Double Macchiato Skimmed Milk |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |           |       | Yes        |          |
| Flat White Soya Milk          |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |           | Yes   | Yes        |          |



# Coffee & Teas – Hot Drinks

| PRODUCT NAME           | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Latte Whole Milk       |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Filter Coffee          |        |                           |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Cortardo Whole Milk    |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Espresso               |        |                           |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Piccolo Whole Milk     |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Macchiato Whole Milk   |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Splash of Oat Milk     |        | Yes: Oats                 |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Cappuccino Almond Milk |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Almonds | Yes   | Yes        |          |

# Coffee & Teas – Hot Drinks

| PRODUCT NAME                               | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS                    | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|------------------------------|-------|------------|----------|
| Mocha Almond Milk                          |        |                           |             |     |      |       | *    |          |         |         |        | Yes  |           | Yes: Almonds                 |       | Yes        |          |
| White Choc & Hazelnut Latte - skimmed milk |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                            |       | Yes        |          |
| White Choc & Hazelnut Latte - soya milk    |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                            |       | Yes        |          |
| Pistachio Latte - coconut milk             |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts          |       | Yes        |          |
| Pistachio Latte - oat milk                 |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts          |       | Yes        |          |
| Pistachio Latte - almond milk              |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Almonds, Pistachio Nuts |       | Yes        |          |
| Hot Chocolate Almond Milk                  |        |                           |             |     |      |       | *    |          |         |         |        | Yes  |           | Yes: Almonds                 |       | Yes        |          |

# Coffee & Teas – Hot Drinks

| PRODUCT NAME                 | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Piccolo Almond Milk          |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Almonds | Yes   | Yes        |          |
| Double Macchiato Almond Milk |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Almonds | Yes   | Yes        |          |
| Splash of Almond Milk        |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Almonds | Yes   | Yes        |          |
| Flat White Skimmed Milk      |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Cortado Skimmed Milk         |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Macchiato Skimmed Milk       |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Latte Oat Milk               |        | Yes: Oats                 |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |

# Coffee & Teas – Hot Drinks

| PRODUCT NAME                              | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS           | VEGAN | VEGETARIAN | COMMENTS |  |
|---|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|---------------------|-------|------------|----------|--|
| Cappuccino Oat Milk                       |        | Yes: Oats                 |             |     |      |       |      |          |         |         |        |      |           |                     | Yes   | Yes        |          |  |
| Mocha Oat Milk                            |        | Yes: Oats                 |             |     |      |       | *    |          |         |         |        |      |           |                     |       |            | Yes      |  |
| Mocha Whole Milk                          |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |                     |       |            | Yes      |  |
| Cappuccino Whole Milk                     |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |                     |       |            | Yes      |  |
| Double Macchiato Whole Milk               |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |                     |       |            | Yes      |  |
| Double Espresso                           |        |                           |             |     |      |       |      |          |         |         |        |      |           |                     | Yes   | Yes        |          |  |
| Pistachio Latte - skimmed milk            |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts |       | Yes        |          |  |
| White Choc & Hazelnut Latte - almond milk |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Almonds        |       | Yes        |          |  |

# Coffee & Teas – Hot Drinks

| PRODUCT NAME                           | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Splash of Coconut Milk                 |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |              | Yes   | Yes        |          |
| Macchiato Coconut Milk                 |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |              | Yes   | Yes        |          |
| White Choc & Hazelnut Latte - oat milk |        | Yes: Oats                 |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *            |       | Yes        |          |
| Piccolo Oat Milk                       |        | Yes: Oats                 |             |     |      |       |      |          |         |         |        |      |           |              | Yes   | Yes        |          |
| Splash of Soya Milk                    |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |              | Yes   | Yes        |          |
| Latte Soya Milk                        |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |              | Yes   | Yes        |          |
| Cortardo Almond Milk                   |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Almonds | Yes   | Yes        |          |
| Splash of Coconut Milk                 |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |              | Yes   | Yes        |          |



# Coffee & Teas – Hot Drinks

| PRODUCT NAME               | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS    | VEGAN | VEGETARIAN | COMMENTS |
|----------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|--------------|-------|------------|----------|
| Macchiato Almond Milk      |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Almonds | Yes   | Yes        |          |
| Piccolo Skimmed Milk       |        |                           |             |     |      |       | Yes  |          |         |         |        |      |           |              |       | Yes        |          |
| Cortado Soya Milk          |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |              | Yes   | Yes        |          |
| Hot Chocolate Soya Milk    |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |              | Yes   | Yes        |          |
| Cappuccino Coconut Milk    |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |              | Yes   | Yes        |          |
| Piccolo Coconut Milk       |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           |              | Yes   | Yes        |          |
| Hot Chocolate Coconut Milk |        |                           |             |     |      |       |      |          |         |         |        | Yes  |           | *            | Yes   | Yes        |          |
| Macchiato Almond Milk      |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Almonds | Yes   | Yes        |          |



# Coffee & Teas – Hot Drinks

| PRODUCT NAME                               | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS           | VEGAN | VEGETARIAN | COMMENTS |
|--|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|---------------------|-------|------------|----------|
| Latte Almond Milk                          |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Almonds        | Yes   | Yes        |          |
| White Choc & Hazelnut Latte - coconut milk |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | *                   |       | Yes        |          |
| Pistachio Latte                            |        |                           |             |     |      |       | Yes  |          |         |         |        | Yes  |           | Yes: Pistachio Nuts |       | Yes        |          |
| Fancy Teas (all options)                   |        |                           |             |     |      |       |      |          |         |         |        |      |           |                     | Yes   | Yes        |          |
| Hazelnut Syrup                             |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Hazelnuts      | Yes   | Yes        |          |
| Caramel Syrup                              |        |                           |             |     |      |       |      |          |         |         |        |      |           |                     | Yes   | Yes        |          |
| Sugar Free Syrup                           |        |                           |             |     |      |       |      |          |         |         |        |      |           |                     | Yes   | Yes        |          |
| Latte Almond Milk                          |        |                           |             |     |      |       |      |          |         |         |        |      |           | Yes: Almonds        | Yes   | Yes        |          |

# Coffee & Teas – Cold Drinks

| PRODUCT NAME            | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|-------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Vanilla Syrup           |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Red Bottle Up           |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Daily Dose OFresco      | *      |                           |             |     |      |       |      |          |         |         |        |      |           | *         |       | Yes        |          |
| Daily Dose Apple Juice  | *      |                           |             |     |      |       |      |          |         |         |        |      |           | *         | Yes   | Yes        |          |
| San Pellegrino Lemon    |        |                           |             |     |      |       |      |          |         |         |        |      |           |           |       | Yes        |          |
| Daily Dose Orange Juice | *      |                           |             |     |      |       |      |          |         |         |        |      |           | *         | Yes   | Yes        |          |
| San Pellegrino Orange   |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Vanilla Syrup           |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |

# Coffee & Teas – Cold Drinks

| PRODUCT NAME                   | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|--------------------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Cano Water Sparkling 330ml     |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Coca Cola Zero                 |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Pink Bottle Up                 |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Aqua Libra Cucumber & Mint     |        |                           |             |     |      |       |      |          |         |         |        |      | Yes       |           | Yes   | Yes        |          |
| Aqua Libra Raspberry and Apple |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Daily Dose Dulce Verde         | *      |                           |             |     |      |       |      |          |         |         |        |      |           | *         | Yes   | Yes        |          |
| Cano Water 500ml               |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Cano Water Sparkling 330ml     |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |

# Coffee & Teas – Cold Drinks

| PRODUCT NAME     | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGG | FISH | LUPIN | MILK | MOLLUSKS | MUSTARD | PEANUTS | SESAME | SOYA | SULPHITES | TREE NUTS | VEGAN | VEGETARIAN | COMMENTS |
|------------------|--------|---------------------------|-------------|-----|------|-------|------|----------|---------|---------|--------|------|-----------|-----------|-------|------------|----------|
| Cano Water 330ml |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Coca Cola        |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |
| Diet Coke        |        |                           |             |     |      |       |      |          |         |         |        |      |           |           | Yes   | Yes        |          |

# Extra Information

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# Cheese | Pasteurised?

| Cheese                         | Yes/No |
|--------------------------------|--------|
| Grated Mozzarella              | Yes    |
| Cows Milk Mozzarella           | Yes    |
| Sliced Cheddar                 | Yes    |
| Mature Italian Cheese Shavings | No     |
| Mascarpone Cheese              | Yes    |
| Full Fat Cream Cheese          | Yes    |
| Grated Hard Italian Cheese     | Yes    |
| Issue date: 08.01.25           |        |



# Ingredients | Sauces

| Sauces                               | Full Ingredients  |
|--------------------------------------|---|
| Slow-cooked 3 Beef Bolognese         | Passata (Tomatoes), Minced Beef, Red Onion, Red Cooking Wine (Sulphites), Carrot, Tomato Paste, Celery, Beef Steak, Beef Brisket, Garlic, Beef Flavour Stock Powder (Salt, Sugar, Flavouring, Yeast Extract, Rapeseed Oil), Rapeseed Oil, Sea Salt, Porcini Mushroom Stock (Mushroom Concentrate (Salt), Yeast Extract, Water, Salt, Potato Flakes, Sugar, Porcini Mushroom Powder, Lemon Juice Concentrate), Rosemary, Thyme, Basil, Bay Leaf, Black Pepper  |
| Classic Bolognese                    | Minced Beef (Beef Chuck, Beef Trim), Tomato Passata, Red Cooking Wine (De-Alcoholised Wine From Concentrate, Red Wine, Salt, Preservative (Potassium Metabisulphite)), Onions, Celery, Tomato Puree, Garlic, Mushrooms, Vegetable Stock (Salt, Sugar, Yeast Extract, Dried Vegetables (Onion, Carrot, Leek), Rapeseed Oil, Turmeric, Black Pepper, Parsley), Rapeseed Oil, Mushroom Stock (Mushroom Concentrate, Rehydrated Porcini, Yeast Extract, Salt, Water, Dried Potato, Sugar, Lemon Juice Concentrate), Sea Salt, Thyme, Black Pepper, Rosemary, Bay Leaf.  |
| Genovese Pesto (VE)                  | Sunflower Oil, Basilico Genovese P.D.O, Rehydrated Potato Flakes, Extra Virgin Olive Oil, Sunflower Seeds, Pumpkin Seeds, Inactive Yeast, Lemon Juice, Pine Kernels, Garlic, Salt, Black Pepper, Antioxidant (Ascorbic Acid).   |
| Portobello, Porcini & Mascarpone (V) | Water, Portobello Mushrooms, Double Cream (Milk), Onion, Garlic, Mascarpone Cheese (Cream (Milk), Milk Protein Concentrate (Milk), Acidity Regulator (Citric Acid)), Porcini Mushroom Stock (Mushroom Concentrate (Salt), Yeast Extract, Water, Salt, Dried Potato Flakes, Sugar, Porcini Mushroom Powder, Lemon Juice From Concentrate), Modified Maize Starch, Butter (Milk), Cornflour, Shiitake Mushroom, Tapioca Starch, Sea Salt, Olive Oil, Porcini Mushroom Powder, Black Pepper, Thickener (Xanthan Gum), Rosemary, Thyme.   |
| Vegan Lentil Ragu (VE)               | Tomatoes, Water, Puy Style Lentils, Carrot, Onion, Olive Oil, Tomato Paste, Sundried Tomato Paste (Sun Dried Tomatoes (Sundried Tomatoes, Salt)), Vegetable Stock (Salt, Sugar, Yeast Extract, Dried Vegetables (Onion, Carrot, Leek), Sunflower Oil, Turmeric, Black Pepper, Parsley Seed Oil), Garlic, Lemon Juice, Sea Salt, Basil, Oregano, Smoked Paprika, Rosemary, Black Pepper.   |
| Spicy Pollo                          | Diced Tomatoes (Diced Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Chicken Thigh, Onions, Water, Spinach, Red Peppers, Mascarpone Cheese (From Cows Milk) (Cream (From Cows Milk), Skimmed Milk, Milk Solids, Acidity Regulator (Citric Acid), Preservatives (Potassium Sorbate, Nisin)), White Cooking Wine (SULPHITES) (White Wine, Water, Sugar, Sea Salt, Preservative (Sulphur Dioxide)), Tomato Paste, Sundried Tomato Paste (Sundried Tomatoes, Tomato Paste, Sunflower Oil, Sugar, Salt, Basil, Oregano, Garlic), Hard Cheese (MILK) (Cows Milk, Salt, Starter Culture, Microbial Rennet), Garlic, Rapeseed Oil, Chicken Bouillon (Maltodextrin, Flavourings, Salt, Sugar, Chicken Fat, Antioxidant (Extracts of Rosemary), Yeast Extract, Chicken, Turmeric, Garlic, Onion Juice Concentrate, Lovage Roots), Basil, Red Chilli, Modified Corn Starch, Light Brown Sugar, Salt, Ground black pepper, Oregano, Chilli Flakes. |
| 12hr Beef Ragu                       | Tinned Tomatoes, Beef Shin, Red Cooking Wine (Sulphites), Water, Red Onions, Carrot, Celery, Chestnut Mushrooms, Rapeseed Oil, Garlic, Chicken Bouillon (Maltodextrin, Flavourings, Salt, Sugar, Chicken Fat, Yeast Extract, Chicken, Turmeric, Garlic, Onion Juice Concentrate, Lovage Roots), Smoked Paprika, Dried Mushrooms, Salt, Thyme Leaves, Star Anise, Rosemary, Black Pepper.  |
| Sugo di Pomodoro (VE)                | Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Onion, Extra Virgin Olive Oil, Garlic, Tomato Paste, Cornflour, Basil, Brown Sugar, Sea Salt, Black Pepper.   |

# Ingredients | Sauces

| Sauces                        | Full Ingredients   |
|-------------------------------|--|
| Meatballs al Sugo             | Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Onion, Extra Virgin Olive Oil, Garlic, Tomato Paste, Cornflour, Basil, Brown Sugar, Sea Salt, Black Pepper, Pork Shoulder, Potato Starch, Salt, Parsley, White Sugar, Dextrose, Garlic Powder, Onion Powder, White Pepper, Black Pepper, Ginger Powder.  |
| Sugo Caprese (V)              | Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Onion, Extra Virgin Olive Oil, Garlic, Tomato Paste, Cornflour, Basil, Brown Sugar, Sea Salt, Black Pepper, Cows Milk, Salt, Acidity Regulator: Citric Acid, Vegetarian Rennet, Sunflower Oil, Basilico Genovese P.D.O, Rehydrated Potato Flakes, Extra Virgin Olive Oil, Sunflower Seeds, Pumpkin Seeds, Inactive Yeast, Lemon Juice, Pine Kernels, Garlic, Salt, Black Pepper, Antioxidant (Ascorbic Acid).  |
| Pancetta Gorgonzola Carbonara | Cream Fraiche ( <b>Milk Fat (From Cows Milk)</b> ), Pork Gammon, Spinach, Water, Blue Stilton Cheese (From Cows <b>Milk</b> ), Red Onion, <b>Milk</b> (from Cows Milk), Rapeseed Oil, Corn Flour, Gorgonzola Cheese (From Cows Milk), Vegetable Bouillon (Turmeric, Parsley, Sunflower Oil, Yeast Extract, Vegetables (Onion, Parsnip, Carrot), Rice Flour, Maltodextrin, Sea Salt), Preservatives (Sodium Citrate), Black Pepper, Salt, Pork Meat, Salt, Dextrose (from Maize), Glucose Syrup, Antioxidant (Ascorbic Acid), Preservatives (Potassium Nitrate, Sodium Nitrite), Natural Flavouring, Garlic Powder, Smoke with Natural Beechwood Chip |
| Issue date: 08.01.25          |  |

# Pasta | Full Ingredients

| Pasta                | Full Ingredients  |
|----------------------|---|
| Rigatoni             | Water, Durum <b>WHEAT</b> Semolina, Salt, Sunflower or Rapeseed Oil                   |
| Wholewheat Fusilli   | Water, Durum <b>WHEAT</b> Semolina, Sunflower Oil, Salt                               |
| Non Gluten Fusilli   | Maize Flour, Water, Chickpea Flour, Emulsifier (Mono and Diglycerides of Fatty Acids) |
| Issue date: 08.01.25 |   |

# Pasta | Full Ingredients

| Soup & Dips                | Full Ingredients  |
|----------------------------|---|
| Lasagne Soup               | Lasagne Soup (Water, Beef, Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Mascarpone Cheese (Cream (Milk), Milk Protein Concentrate, Acidity Regulator (Citric Acid)), Red Onion, Tomato Paste, Pasta (Durum Wheat Semolina), Carrot, Celery, Hard Cheese (Milk Fat, Salt, Starter Culture, Rennet), Garlic, Olive Oil, Beef Flavour Stock Powder (Salt, Sugar, Flavouring, Yeast Extract, Rapeseed Oil), Sea Salt, Savoury Stock (Yeast Extract, Sugar, Salt, Natural Flavourings, Rapeseed Oil), Basil, Oregano, Black Pepper, Rosemary, Thyme), Mozzarella (Mozzarella Cheese (Milk), Potato Starch). |
| Vegan Garlic Mayo Dip (VE) | Vegan Mayonnaise (Rapeseed Oil, Water, Spirit Vinegar, Sugar, Salt, Modified Potato Starch, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate, Natural Flavourings, Colours (Curcumin, Paprika Extract)), Garlic Puree, Acidity Regulator (Lactic Acid), Ground Black Pepper, Dried Dill, Preservative (Potassium Sorbate).   |
| Garlic Dip (VE)            | Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Flavouring, Colour (Beta-Carotene)), Rapeseed Oil, Garlic Puree, Garlic Granules, Salt, Parsley, Ground Black Pepper, Preservative (Citric Acid)  |
| Ketchup (VE)               | Tomatoes, Spirit Vinegar, Sugar, Salt, Extracts – Spices Extracts (Contains Celery), Spices.  |
| Brown Sauce (VE)           | Tomatoes, Malt Vinegar (From Barley), Molasses, Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Dates, Modified Cornflour, Rye Flour, Salt, Spices, Flavourings, Tamarind.   |
| Calabrese Chilli Honey (V) | Mixed Flower Honey, Calabrian Hot Chili Pepper, Sunflower Oil, Salt, White Wine Vinegar.  |
| Calabrese Ketchup (VE)     | Tomatoes, Spirit Vinegar, Sugar, Salt, Spice Extracts (Contains Celery), Spices, Calabrian Hot Chili Pepper, Sunflower Oil, Salt, White Wine Vinegar.   |
| Issue date: 08.01.25       |   |

# COCO

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